

Similar Regulations from Ontario Regulated Health Professions

The following is a summary of enabling legislation across Ontario's health professions that would allow the Council of the College, with the approval of the Lieutenant Governor in Council and with prior review of the Minister, to make a regulation governing the prescribed therapies that may be performed by the naturopathic profession. Where such a regulation has been made, details have been provided.

This document has been created by the College of Naturopaths of Ontario (the College) based on the statutes and regulations on file with Ontario's e-Laws. While every effort has been made to provide accurate and up-to-date information in this document, none of the Colleges were consulted in its preparation and as such, the information contained herein is subject to confirmation by the reader with each of the individual Colleges. This document should not be relied upon for anything more than general information.

Dental Hygiene

Paragraph 1(e) of the *Dental Hygiene Act, 1991*, enables regulations "governing the prescribing, dispensing, compounding, using and selling of drugs by members in the course of engaging in the practice of dental hygiene and ancillary matters, including, without limiting the generality of the foregoing:

- (i) governing the purposes for which, or the circumstances under which, drugs may be prescribed, dispensed, compounded, used or sold,
- (ii) setting requirements respecting the prescribing, dispensing, compounding, using and selling of drugs,
- (iii) governing and regulating the storage, handling, display, identification, labelling and disposal of drugs,
- (iv) setting prohibitions,
- (v) requiring members to keep records respecting the prescribing, dispensing, compounding, using and selling of drugs and providing for the contents of those records,
- (vi) requiring members to provide the College or the Minister with reports respecting the prescribing, dispensing, compounding, using and selling of drugs and providing for the contents of those reports."

The CDHO has a Designated Drugs Regulation (O. Reg. 381/17) in line with this authority.

Dentistry

Paragraph (a) of section 12 of the *Dentistry Act, 1991* enables the establishment of regulations "regulating and governing the prescribing, dispensing, compounding and selling of drugs by members in the course of engaging in the practice of dentistry and ancillary matters, including establishing requirements and setting prohibitions."

No regulation appears to be in place at this time.

Homeopathy

Section 10, paragraph (b) of the *Homeopathy Act, 2007* allows the creation of a regulation “prescribing therapies involving the practice of homeopathy, governing the use of the prescribed therapies and prohibiting the use of therapies other than the prescribed therapies in the course of the practice of homeopathy.”

No regulation appears to be in place at this time.

Medical Radiation and Imaging Technologies

Section 12 of the *Medical Radiation and Imaging Technology Act, 2017* enables the creation of “regulations prescribing forms of energy, other than ionizing radiation, electromagnetism and soundwaves, for the purposes of section 3.”

No regulation appears to be in place at this time.

Medicine

Paragraph (a) of section 12 of the *Medicine Act, 1991* enables the creation of regulations “regulating and governing the prescribing, dispensing, compounding and selling of drugs by members in the course of engaging in the practice of medicine and ancillary matters, including establishing requirements and setting prohibitions.”

No regulation appears to be in place at this time.

Midwifery

Section 11(1) of the *Midwifery Act, 1991* has two paragraphs enabling regulations governing therapies as follows:

- (d) governing the performance of the procedure under paragraph 10 of section 4, including establishing requirements for performing the procedure and the circumstances in which the procedure may be performed;
- (e) regulating and governing the prescribing, administering or using of drugs by members and ancillary matters, including, without limiting the generality of the foregoing:
 - (i) setting requirements respecting the prescribing, administering or using of drugs,
 - (ii) governing the purposes for which, or the circumstances under which, drugs may be prescribed, administered or used,
 - (iii) setting prohibitions.

The Council has established the Designated Drugs and Substances regulation (O. Reg. 188/24) under paragraph (e) and Part III of the General Regulation (O. Reg. 355/12) under paragraph (d).

Nursing

Section 14 of the *Nursing Act, 1991* enables regulations governing therapies as follows:

- “(a) prescribing procedures for the purpose of paragraph 1 of section 4 and paragraph 2 of section 4.1;
- (b) permitting a member to perform a procedure under clause 5 (1) (a) and governing the performance of the procedure, including, without limiting the foregoing, prescribing the class of members that can perform the procedure and providing that the procedure may only be performed under the authority of a prescribed member or a member of a prescribed class;
- (c) regulating and governing the administering of substances by members by injection or inhalation under paragraph 6 of subsection 5.1 (1), the prescribing, dispensing, compounding and selling of drugs by members in the course of engaging in the practice of nursing and ancillary matters, including, without limiting the generality of the foregoing:
 - (i) governing the purposes for which, or the circumstances under which substances may be administered by injection or inhalation and drugs may be prescribed, dispensed, compounded or sold,
 - (ii) setting requirements respecting the administration of substances by injection or inhalation and the prescribing, dispensing, compounding and selling of drugs,
 - (iii) governing and regulating the storage, handling, display, identification, labelling and disposal of substances that may be administered by injection or inhalation and of drugs,
 - (iv) setting prohibitions, including prohibitions respecting the substances that may be administered by injection or inhalation and the drugs that may be prescribed, dispensed, compounded and sold ... “

[Part III](#), Controlled Acts, of the General Regulation made under the *Nursing Act, 1991*, sets out the procedures that can be performed by a nurse on tissue below the dermis or below the surface of a mucous membrane.

Occupational Therapy

Section 10.1 of the *Occupational Therapy Act, 1991* enables the Council to make a regulation “governing the performance of the procedure provided for in subsection 3.1 (1) and prescribing the purposes for which, or the circumstances in which, the procedure may be performed.”

The Council has enacted the Controlled Acts regulation (O. Reg 474/19) under this regulation making authority.

Optometry

Paragraph (c) of section 12(1) of the *Optometry Act, 1991* enables the creation of regulations regulating and governing the prescribing or using of drugs by members and ancillary matters, including, without limiting the generality of the foregoing:

- (i) governing the purposes for which, or the circumstances under which, drugs may be prescribed or used,

- (ii) setting requirements respecting the prescribing or using of drugs, and
- (iii) setting prohibitions.

The Council has established the Designated Drugs and Standards of Practice regulation (O. Reg. 112/11) for this purpose.

Pharmacy

Section 13(1) of the *Pharmacy Act, 1991* establishes regulation making authority governing therapies as follows:

- (c) regulating and governing the performance of any act set out in paragraph 2, 3, 4 or 5 of subsection 4 (1) and ancillary matters, including, without limiting the generality of the foregoing:
 - (i) establishing requirements for the performance of the act,
 - (ii) governing the purposes for which, and the circumstances under which, the act must be performed,
 - (iii) setting prohibitions.

The Council has established Part VII.3, Controlled Acts, on the General Regulation (O. Reg. 202/94) for these purposes. Additionally, a major update of this regulation will come into force on October 1, 2024 through Ontario Regulation 256/24.

Physiotherapy

Section 11.1 of the *Physiotherapy Act, 1991* establishes regulation making authority “regulating and governing the performance of any act set out in paragraph 1, 2, 3, 4, 5 or 6 of subsection 4 (1) and ancillary matters, including, without limiting the generality of the foregoing:

- (a) establishing requirements for the performance of the act;
- (b) governing the purposes for which, and the circumstances under which, the act must be performed;
- (c) setting prohibitions.

No regulation appears to be in place at this time.

Registered Psychotherapy

Section 11 of the *Psychotherapy Act, 2007* enables the establishment of regulations “prescribing therapies involving the practice of psychotherapy, governing the use of prescribed therapies and prohibiting the use of therapies other than the prescribed therapies in the course of the practice of psychotherapy.”

Although no regulation is in place at this time, the Council of the College of Registered Psychotherapists had developed such a regulation in 2018 although it has not yet been finalized.

- [Categories of Prescribed Therapies](#)

Respiratory Therapy

Section 12(1) of the *Respiratory Therapy Act, 1991* enables the establishment of regulations

“(a) prescribing procedures for the purpose of paragraph 1 of section 4;

(b) prescribing substances for the purpose of paragraph 5 of section 4.”

[Part VII](#), Prescribed Procedures, of the General Regulation made under the *Respiratory Therapy Act, 1991* sets out the procedures that a respiratory therapist can perform below the dermis for the purposes of paragraph 1 of section 4 of that Act

Traditional Chinese Medicine & Acupuncture

Section 11 of the *Traditional Chinese Medicine Act, 2006* enables regulation making authority

(b) prescribing therapies involving the practice of traditional Chinese medicine, governing the use of prescribed therapies and prohibiting the use of therapies other than the prescribed therapies in the course of the practice of traditional Chinese medicine.

No regulation appears to be in place at this time.

For more information about the health regulatory Colleges in Ontario and to find their websites and contact information, please visit the [Professions and their Regulatory Bodies](#) page of the Health Profession Regulators of Ontario.