

## Draft Naturopathic Therapies Regulation

### Standard of practice regarding therapies

1. It is a standard of practice of the profession that Naturopaths shall only use therapies that:
  - a. Have been demonstrated to be effective and for which they have the knowledge, skill and judgement to use,
  - b. Treat symptoms, complaints or conditions that are within the scope of practice,
  - c. Are supported by sound clinical judgment,
  - d. Are informed by evidence and scientific reasoning to a degree that is proportionate to the risks to the patient associated with the therapy, and
  - e. Have potential benefits which outweigh the risks, taking into consideration:
    - i. The health status of the patient
    - ii. The evidence and reasoning regarding the efficacy of the treatment for the patient's symptoms, complaints or condition,
    - iii. The potential for harm to the patient due to factors including the nature of the therapy, the potential interaction with other therapies and treatments the patient may be undergoing, other therapies available from members of the profession and members of other regulated health professions and whether other therapies will be provided concurrently, and
  - f. The patient has given informed consent to use.

### Therapies authorized for use by NDs

2. Subject to the provisions of section 1 and without limiting the generality of the foregoing, registrants are authorized to perform the following naturopathic therapies,
  - i. Acupressure,
  - ii. Acupuncture,
  - iii. Allergy immunotherapy (basic),
  - iv. Animal-assisted therapy,
  - v. Aromatherapy,
  - vi. Bioidentical hormone replacement therapy,
  - vii. Botanical (herbal) medicine therapy,
  - viii. Crystal therapy,
  - ix. Cupping therapy,
  - x. Diathermy,
  - xi. Energy therapy,
  - xii. Equine therapy,
  - xiii. Exercise therapy,
  - xiv. Feldenkrais therapy,
  - xv. Herbal medicine therapy,
  - xvi. Homeopathy,
  - xvii. Horticultural therapy,
  - xviii. Hydrotherapy,

- xix. Hyperbaric oxygen therapy,
- xx. Immune-supportive therapy
- xxi. Inhalation therapy,
- xxii. Injection therapy,
- xxiii. Intravenous infusion therapy,
- xxiv. Inversion therapy,
- xxv. Lifestyle counselling,
- xxvi. Light therapy,
- xxvii. Low level laser therapy,
- xxviii. Magnet therapy,
- xxix. Music therapy,
- xxx. Naturopathic manipulation,
- xxxi. Nutritional counselling,
- xxxii. Prescription therapy,
- xxxiii. Principles of traditional Chinese medicine,
- xxxiv. Recreation therapy,
- xxxv. Rehydration therapy,
- xxxvi. Scuba diving therapy,
- xxxvii. TENS therapy,
- xxxviii. Therapeutic massage,
- xxxix. Thermotherapy,
- xl. Ultrasound therapy,
- xli. Ultraviolet light therapy,
- xlii. Waon therapy.

The Use of Prescribed Therapies

3. Notwithstanding section 1, the following conditions govern the use of the prescribed therapies set out in section 2,

<b>Therapy</b>	<b>Conditions/Limitations on Use</b>
i. Diathermy	The registrant must deliver this therapy using a device that is authorized for sale in Canada by Health Canada.
ii. Hyperbaric oxygen therapy,	The registrant must deliver this therapy using a device that is authorized for sale in Canada by Health Canada. Limited for use to the 14 conditions identified by Health Canada.
iii. Immune-supportive therapy,	The registrant may only use natural health products authorized for sale and distribution in Canada by Health Canada.
iv. Inhalation therapy	The registrant must have met the Standard of Practice for Prescribing as set out in section 5(4) of the General Regulation and may only inject substances set out in Table 1 of the General Regulation and in accordance with the specified limitations set out therein.
v. Injection therapy	The registrant must have met the Standard of Practice for Prescribing as set out in section 5(4) of the General Regulation and

	may only inject substances set out in Table 2 of the General Regulation and in accordance with the specified route of administration and limitations set out therein.
vi. IVIT therapy	The registrant must have met the Standard of Practice for Prescribing as set out in section 5(4) of the General Regulation and must have met the Standard of Practice for IVIT as set out in section 5(5) of the General Regulation and may only administer by IVIT substances set out in Table 2 of the General Regulation and in accordance with the specified route of administration and limitations set out therein.
vii. Light therapy	The registrant must deliver this therapy using a device that is authorized for sale in Canada by Health Canada.
viii. Naturopathic manipulation	A registrant may only move the thoracic, lumbar and sacral and cervical joints of the spine provided none of the contraindications set out in section 6(3) of the General Regulation exist.
ix. Prescription therapy	The registrant must have met the Standard of Practice for Prescribing as set out in section 5(4) of the General Regulation and may only prescribe, dispense, compound or sell drugs set out in Tables 3, 4, 5 and 6 respectively and in accordance with the limitations set out therein.
x. Rehydration therapy	If delivering this therapy by injection or intravenous infusion therapy, the use of this therapy is subject to the conditions of use set out in this section for those therapies.
xi. TENS therapy	The registrant must deliver this therapy using a device that is authorized for sale in Canada by Health Canada.
xii. Ultrasound therapy	The registrant must deliver this therapy using a device that is authorized for sale in Canada by Health Canada.
xiii. Ultraviolet therapy	The registrant must deliver this therapy using a device that is authorized for sale in Canada by Health Canada.
xiv. Waon therapy	The registrant must deliver this therapy using a device that is authorized for sale in Canada by Health Canada.

#### Therapies prohibited

4. Notwithstanding section 1 above, the following therapies are prohibited for use by registrants, except when performed under a delegation from a member of a self-governing profession set out in Schedule 1 of the *Regulated Health Professions Act, 1991* authorized to perform the therapy and in accordance with Part III of the General Regulation:
- i. Allergy immunotherapy – Advanced,
  - ii. Art therapy,
  - iii. Androgen replacement therapy,
  - iv. Aurotherapy,
  - v. Autologous immune enhancement therapy,
  - vi. Cardiac resynchronization therapy,
  - vii. Cell therapy,
  - viii. Cobalt therapy,

- ix. Craniosacral therapy,
- x. Electroconvulsive therapy,
- xi. Electromagnetic therapy,
- xii. Electron therapy,
- xiii. Energy therapy,
- xiv. Epigenetic therapy, including gene therapy,
- xv. Extracorporeal shockwave therapy,
- xvi. Fecal microbiota transplant therapy,
- xvii. Hormone / Anti-hormone therapy, except bio-identical hormone therapy,
- xviii. Helminthic therapy,
- xix. Hyperthermia therapy,
- xx. Ichthyotherapy,
- xxi. Immunosuppressive therapy,
- xxii. Injection therapies using unapproved substances not appearing on Table 2 to the General Regulation, and without limiting the foregoing, including:
  - a. Blood irradiation therapy,
  - b. Cell therapy,
  - c. Chelation therapy,
  - d. Chemotherapy,
  - e. Immunization therapy,
  - f. Intravenous immunoglobulin therapy
  - g. Mesotherapy,
  - h. Photodynamic therapy,
  - i. Platelet Rich Plasma therapy,
  - j. Prolotherapy,
- xxiii. Lithium therapy,
- xxiv. Maggot therapy,
- xxv. Magnetic resonance therapy,
- xxvi. Microwave therapy,
- xxvii. Minor surgery,
- xxviii. Monoclonal antibody therapy,
- xxix. Neural therapy,
- xxx. Oncotherapy,
- xxxi. Ozone therapy, including bio-oxidative ozone therapy,
- xxxii. Photodynamic therapy,
- xxxiii. Prescribed Therapies involved in the practice of psychotherapy, including
  - a. Cognitive and Behavioural therapies,
  - b. Experiential and Humanistic therapies,
  - c. Psychodynamic therapies,
  - d. Somatic therapies,
  - e. Systemic and Collaborative therapies,
- xxxiv. Pulsed electromagnetic field therapy,
- xxxv. Radiation therapy,
- xxxvi. Respiratory therapy,

- xxxvii. Sex therapy,
- xxxviii. Speech-language therapy,
- xxxix. Transdermal Continuous Oxygen Therapy,
  - xl. Ultraviolet light therapy, including light therapy, phototherapy,
  - xli. Urine therapy,
  - xlii. Wake therapy (sleep deprivation therapy).